

C.6. Drastic Increase of CD4 Cell Counts by CHAM3 Therapy in HIV Infected Patients

Écrit par Administrator

Lundi, 23 Novembre 2009 19:52 - Mis à jour Lundi, 23 Novembre 2009 21:05

There are no translations available.

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OBJECTIVE

To test the efficiency of an herbal preparation of a mixture of 3 brazilian plants (CHAM3) on HIV+ patients.

METHOD

- Open trial (trial duration 9.23 months)
- 12 brazilian HIV patients (5 ARC and 7AIDS)
- 1992 - 1995
- posology: 100 ml 3 times a day of CHAM3 solution (about 1g/l of plant extract)

RESULTS

- Drastic improvement of clinical and biological parameters for all patients
- No opportunistic infection
- No side effects

parameter	before therapy (mean+/-SD)	after therapy (mean+/-SD)	sign
p value Hb (g/l)	12.38+/-2.13	12.58+/-2.05	
Leucocytes/mm ³	5080+/-2061	4801+/-2270	
Lymphocytes/mm ³	1585+/-852	1811+/-885	

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Lymphocytes %	3 2.35+/-13.9	39.33+/-12.8
CD4 Lymphocytes/mm3	207+/-186	460+/-207
CD4 Lymphocytes %	12,68 +/-7,65	22,47+/-6,74
CD8 Lymphocytes/mm3	853+/-373	960+/-731
CD8 Lymphocytes %	54.1+/-8.2 4	65+/-11.8
Monocytes/mm3	341+/-198	225+/-118

patients	1	2
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cd4/mm3 before	19	45
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cd4/mm3 after.	554	200
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CONCLUSION

Cham3 appears to be an efficient agent in HIV infected brazilians patients, particularly in the more depressed ones. A similar investigation is in progress in Europe, in order to confirm or infirm these results.